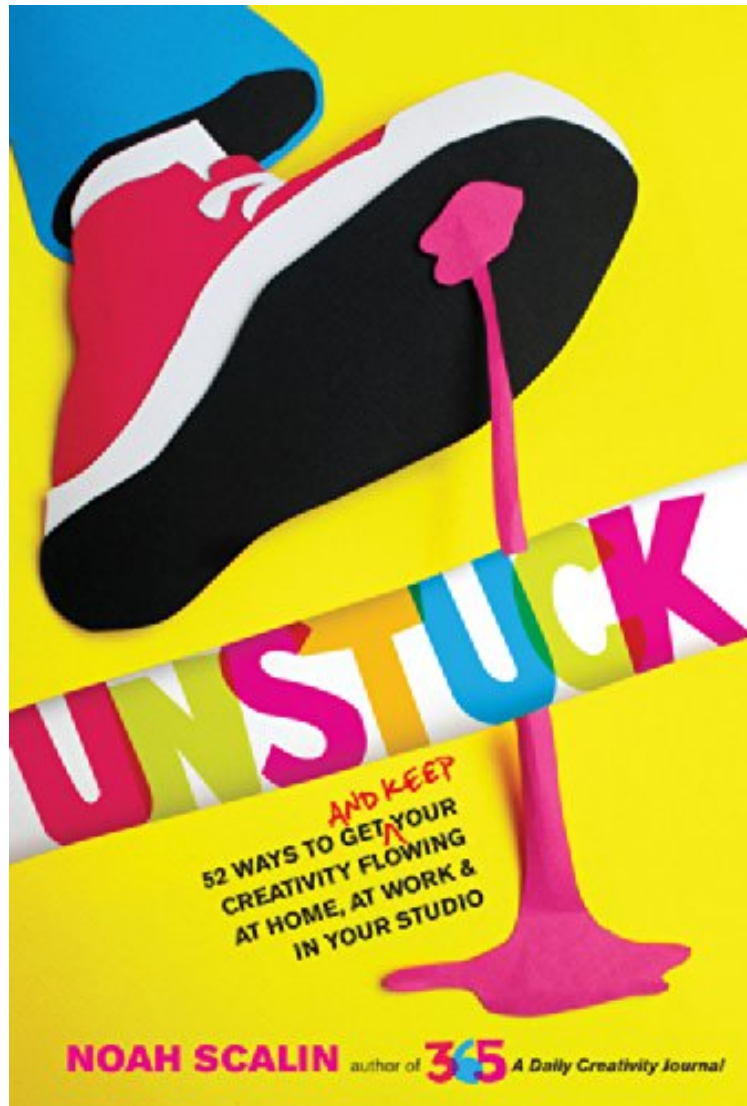


(Download) Unstuck: 52 Ways to Get (and Keep) Your Creativity Flowing at Home, at Work in Your Studio

## Unstuck: 52 Ways to Get (and Keep) Your Creativity Flowing at Home, at Work in Your Studio

Noah Scalin

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**Noah Scalin : Unstuck: 52 Ways to Get (and Keep) Your Creativity Flowing at Home, at Work in Your Studio** before purchasing it in order to gage whether or not it would be worth my time, and all praised Unstuck: 52 Ways to Get (and Keep) Your Creativity Flowing at Home, at Work in Your Studio:

0 of 0 people found the following review helpful. Enjoyable creativity-startersBy lisaleo (Lisa Yount)Whether or not you consider yourself a practicing writer or artist, you can get a lot of fun and enlightenment out of these creativity-

starter exercises. Like most such things (there are many books of this kind), they emphasize looking at the world from a perspective different from ones usual one, which can help new ideas start up and provide a useful mental tonic for anyone. The book, which the author calls a box of tools for your brain, presents 52 exercises, classified according to the amount of time they are expected to take, ranging from 30 seconds to multiple hours. Many can be done anywhere, at home or at work or at the local bus stop, but some require leaving ones familiar environment and going outside. Sample exercise titles are Your Body, Yourself, Off the Grid, and Is It Bigger than a Bread Box? The author leaves space in the book for its user to make notes on the experiences. He also includes advice from other artists on how to move past stuck stages in creative projects. I liked the shorter exercises more than the longer ones, but of course other readers may react differently. I also found myself modifying and adding to some of the exercise prompts, an activity the author encourages. Although the book is not specifically aimed at children, I think that creative older children as well as adults would find it enjoyable. 0 of 0 people found the following review helpful. A good book...By Todd Young  
Some good thoughts and practices here to help keep your mind creative and productive in those times you need some help getting there. 0 of 0 people found the following review helpful. Great ideas to inspire creativityBy Lolah  
Great ideas to inspire creativity!

Cant get the creative juices flowing? Unstuck features 52 simple, creativity-generating projects that can fit into any lifestyle. Arranged in order of time commitment from 30 seconds to several hours the 52 projects can be done randomly or one per week for an entire year of creativity building. Also included are 12 artist profiles that illuminate what other successful creative people do to stay inspired and productive, along with blank journaling pages to sketch, scribble, and jot down your experiences and ideas. Roll the dice (made from the custom inspiration dice template in the book) and see where your creative energy takes you! [www.noahscalin.com](http://www.noahscalin.com)

From the Back Cover Scalin and his subjects tackle the problem of stymied creativity from every conceivable angle and direction in Unstuck. The result is a book that positively bursts with ingenuity and experiment: an essential tool not just for artists of every stripe, but for teachers, parents, and just about everyone else.